

Hampton Park Primary School

Parent Information Booklet Kindergarten 2025



HAMPTON PARK PRIMARY SCHOOL

Paine Road Morley

Tel: 08 9413 4200

Email: HamptonPark.PS@det.wa.edu.au

Web: http://www.hamptonparkps.wa.edu.au



The purpose of Hampton Park Primary School is to ensure children learn, have fun and make friends. At Hampton Park Primary School, we strive to develop a motivated child who endeavours to reach their potential socially, physically, academically and emotionally.

Introduction

Welcome to Hampton Park Primary School. Your child and family are very important new members of our school community. Our aim is to form a trusting, respectful and caring relationship with each child and every family.

Starting kindergarten is a major milestone for you and your child and the start of a new learning journey for your family. Your child's first years of school will be exciting and engaging and this booklet will help make the kindergarten experience at Hampton Park Primary School as smooth and enjoyable as possible.

Your child will be introduced to a range of age-appropriate and motivating themes in the learning areas of English, Maths, Science, The Arts, Science, History and Geography. These sessions are child centred and have hands-on learning experiences designed to build on current knowledge and skill level.

The teaching and learning environment has a balance between intentional playbased learning and explicit teaching of literacy and numeracy skills.

It is widely recognised that a powerful way young children learn is through play. Play is both active and interactive and it fosters children learning together. Children use play to develop their relationships, to experiment, imagine, create, practise, problem solve and role play. Play is a balance of directed and free play as described in the National Quality Standard (NQS) and Early Years Learning Framework (EYLF) guidelines.

The Early Years Learning Framework and the Kindergarten Guidelines underpin our HPPS Kindergarten learning program.







Fundamental to the Framework is a view of children's lives as characterised by **belonging**, **being** and **becoming**.

As children participate in everyday life, they develop interests and construct their own identities and understandings of the world.

BELONGING

Belonging acknowledges children's interdependence with others and the basis of relationships in defining identities. In early childhood, and throughout life, relationships are crucial to a sense of belonging.

BEING

Being recognises the significance of the here and now in children's lives. It is about the present and them knowing themselves, building and maintaining relationships with others, engaging with life's joys and complexities, and meeting challenges in everyday life.

BECOMING

Children's identities, knowledge, understandings, capacities, skills and relationships change during childhood. Becoming reflects this process of rapid and significant change that occurs in the early years as young children learn and grow.



Getting Ready For Kindergarten

There's a lot you can do to prepare your child, and yourself, for kindergarten. The first day of school can be an emotional time for parents and children.

The more you can help your child to become familiar with the layout of the school and what they need to do before day one, the less overwhelmed they are likely to feel.

Before school starts

The summer holidays before the start of the school year are a great time to:

- Show your child where the school is and talk about how you will get there
- Practise the things your child will need to do to get ready for school (putting things in their bag, remembering a hat)
- Be positive about starting school and enjoy your child's excitement.

The night before kindergarten starts

Lay out your child's clothes, shoes and socks. Establish a sleep routine. You may find your child needs more sleep when they start kindergarten. Try to establish a nightly routine with a set bedtime to ensure your child is well rested.



What to Bring

Bag – a backpack is suitable.

Bucket hat to stay at Kindy (available from Tudor Uniforms).

A **complete change of clothing** suitable for the current season to be kept in the child's bag including socks and underwear.

Morning recess / healthy snack – Please include a piece of fruit. Other suggestions include cheese, crackers, sultanas and other dried fruits, carrots and other vegetables, anything healthy.

A **drink bottle**. The lid should be able to be opened and closed by your child independently. The bottle should only contain water.

Lunch in a lunch box/bag, which your child can open independently.

Dressing for school

Simple, easy to manage and easily washable clothes are best. Kindy is a messy experience. Kindy shirts are available for purchase from Tudor Uniforms.

Unless children have suitable climbing shoes, bare feet are best on outdoor climbing equipment.

If your child cannot tie their shoelaces, please ensure that footwear has velcro fastening.

Encourage your child to dress themselves so they will be able to manage their jumpers/jackets and shoes at kindy.

Label all your child's belongings and show your child where these labels have been placed

Arrival and Dismissal

Some children can find arrival overwhelming. Your presence there for the first few minutes can be reassuring, however, when it is time for you to go, the staff are trained to adequately deal with a distressed child.

Children are welcome to enter the classroom when the doors open at 8:30 am.

Children will not be dismissed until a parent, guardian or an authorized person collects them from the classroom. If you have arranged someone new to collect your child, please advise the school staff.

Dismissal is at 2:55 pm and it is **essential** that all children are picked up on time. Please call ahead to inform the school if you are going to be late.

School Times

K1 Monday, Tuesday *

K2 Thursday, Friday *

* Plus every 2nd Wednesday

8:45 am to 2.55 pm

Term Dates

Term 1 Wed 5 Feb - Fri 11 Apr Term 2 Mon 28 Apr - Fri 4 Jul Term 3 Mon 21 Jul - Fri 26 Sep Term 4 Tue 14 Oct - Thu 18 Dec

School Development Days (Pupil Free Days)

Term 1: Fri 28 Mar Term 2 : Fri 30 May

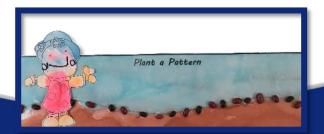
Term 4: Mon 13 October

Absences From School

When a child is absent from school for any reason, parents are asked to notify us stating the reasons for the absence. This can be done by writing, telephone, email or SMS via the school app. The classroom teacher is required to follow up all unexplained absences.

If you have not advised the school of an absence prior to 9:30 am, you will receive a SMS message from the school advising your child is absent. You need to respond to advise the reason of absence so we can update the records.

Once enrolled in Kindergarten, it is important that children develop regular attendance habits. Going to Kindergarten, Pre-Primary and Year 1 each day gives children the best start to school. If your child attends school regularly in the early years, they are more likely to continue this in the future. Teachers plan programs sequentially, so when children don't attend school regularly, they miss out on important information, learning and skills. Children who are regularly absent risk missing out on the basic building blocks in core learning areas. If possible, please make medical/dental appointments outside of school hours.



HEALTH AND MEDICAL INFORMATION



If your child is sick at school

If your child gets sick or is injured at school, we will contact you and if required seek the necessary medical attention. You will be called to come and collect your child if they are too sick to remain in class.

For this reason, it is important to keep your current contact details with the school. Please keep us informed by email: hamptonpark.ps@education.wa.edu.au or phone: 9413 4200 or visit the office.

If your child is sick at home

If your child is obviously unwell or you think they are becoming unwell, please err on the side of caution and keep them at home, as we have a lot of children who can be affected.

Please keep your child away from school and see your doctor if your child has:

- a fever of 38°C or above
- vomiting or diarrhoea
- severe cold or flu symptoms
- rashes of unknown origin
- a persistent cough
- Ear/eye discharge

Immunisation

Children enrolling in kindergarten must be up to date with all the scheduled immunisations for their age to be able to attend school. You are required to show your child's Australian Immunisation Register (AIR) Immunisation History Statement as proof of immunisation.

If your child has contracted a communicable disease such as chicken pox or measles, the school should be notified as soon as possible after the diagnosis has been confirmed.

Medication

Sometimes children need to have prescribed medications during the day and, whilst it is preferable for parents to administer them, we are able to do so when given adequate information and a completed and signed Administration of Medication Form beforehand. The medication must be clearly labelled with the child's name and provided in packaging from the pharmacy or the manufacturer.



HEALTH AND MEDICAL INFORMATION

Allergies

If your child has an allergy, you must alert administration upon enrolment and advise the class teacher. An allergy action plan which has been developed by your doctor, along with your child's medication, including a labelled EpiPen if prescribed, must be provided to the school.

If your child has any dietary considerations, please inform the teacher at the start of the year so we can be aware during cooking activities or shared food days.

Head lice

It is common for school children to get head lice at some time and it has nothing to do with being clean or dirty. Head lice can spread when children are in close contact.

A letter will be sent home with information regarding treatment to all households if head lice is reported.

To prevent your child getting lice:

- check your child's hair regularly
- keep long hair tied back

If your child has head lice:

- inform the school
- choose a suitable treatment
- continue to send your child to school after receiving treatment

For more information:

https://healthywa.wa.gov.au/Articles/F / Head-lice

Anaphylaxis

Anaphylaxis is a severe, rapidly progressive allergic reaction that is life threatening.

If your child suffers from any food allergies it is important that you inform the school administration and classroom teachers.

An individualised anaphylaxis care plan (risk minimisation plan) developed in consultation with parents, will be put in place for each student at risk. ASCIA Action Plans (medical management plan) completed by the child's treating doctor or nurse practitioner should be included in the individualised anaphylaxis care plan.

The purpose of this care plan is to document the child's allergies, treatment to be administered in the event of an allergic reaction including anaphylaxis, and the risk minimisation strategies that will be put into place to prevent exposure to known allergens.

Individualised anaphylaxis care plans must be updated at the start of each calendar year.

We ask parents not to send foods containing nuts, sesame seeds or shellfish to school to prevent other children being put at serious health risk.



Toileting

Please work towards toilet training your child so they have the skills required for independent toileting when they start Kindy.

Any child needing to go to the toilet may go at any time.

We understand that accidents happen so please ensure a full change of clothes, including socks and underwear is packed in your child's bag.

Birthdays











We are very happy to celebrate your child's birthday at kindergarten and you are welcome to bring individual cup-cakes, to share on your child's birthday. Please bring the cakes in their own patty pan for hygiene and ease of distribution. Please ensure that no nuts are in the cakes and check with the staff beforehand to see if there are any other allergies or cultural needs to be catered for. Alternatively, please advise us should you do not wish for your child to receive any birthday cakes.

Kindy Rules

Indoor:

- Walk inside
- Use quiet voices (inside voices)
- Art shirts to be worn while painting
- Share/Care
- Use our manners (please and thank you)
- All children to help pack away
- All toys to stay at home unless requested

Outdoor:

- No children on the play equipment either before or after school
- Play co-operatively
- Take turns when using equipment
- Shoes and socks are off when on equipment (Term 1 and 4 when weather is fine)
- 'No hat, no play'
- All children help pack away

NOTE: During the summer months, sunscreen should be applied before you bring your child to Kindergarten.







Tips For Getting Involved at School

- use SeeSaw to keep up to date with your child's learning and to communicate with teachers
- subscribe to our School app
 and the P & C Facebook page
- read the school newsletter and other school notices
- attend any school functions,
 family events and other special
 activities at school
- help out with fundraising activities, sports days, excursions and other events
- volunteer at the school canteen
- become involved with the School Board or P & C.

Canteen

Our canteen is run by parent volunteers.

Keep an eye on the Hampton Park P&C Facebook page and the school newsletter for information about how the canteen will run in 2024.



Traffic Light Foods

The Western Australian Department of Education has implemented the Healthy Food and Drink (HFD) policy in public schools. The policy is based on a 'traffic light' system of categorising food and drinks and has been in place since 2007.

This is the system that canteens must adhere to when developing their menu.

The policy does not apply to the provision of food in lunchboxes. However, parents can support healthy eating by applying this simple traffic light system when filling lunchboxes

GREEN - ENCOURAGE AND PROMOTE

These are EVERYDAY choices and should be in every lunchbox.

- Fruit, fresh and canned in natural juice
- Vegetables and legumes, fresh, e.g. stuffed potatoes, corn-oncob, or canned varieties e.g. baked beans, 3 bean mix. Salads (using reduced fat dressings only), all salad mixes
- Cereal foods wholegrain cereals, pasta, noodles, rice
- A variety of bread types including wholegrain and/or wholemeal
- A variety of sandwich/roll fillings that are all available with salad, e.g. egg, reduced fat cheese, skinfree chicken, tuna, lean meats, yeast spreads, hommus
- Lean meats, fish, poultry and alternatives e.g. skin-free chicken meat, lean meats, fish (tuna, salmon, sardines)
- Reduced fat dairy products including plain milk (no serve size restriction), flavoured milk (less than 375mL), cheese and yoghurt
- Plain water, plain mineral water.

AMBER – SELECT CAREFULLY IN SMALL SERVES

- Registered cereals with added sugars*
- Some reduced fat pastry items, frankfurts, and sausages for sausage sizzles or special events
- Reduced fat, low salt savoury commercial products, e.g. fish, chicken, potato portions, pizza*
- Small plain biscuits or fruit muffins
- Reduced fat flavoured milks (greater than 375mL)
- Full fat dairy foods, e.g. milk, yoghurt, low fat dairy desserts, cheese
- Fruit juices small sizes (250mL or less) and no added sugar.

RED – OFF THE MENU NOT AVAILABLE

- Full-fat pastry items of any description
- Deep fried food of any description
- Sweet sandwich fillings including jam, nut spreads, honey, or confectionery sprinkles
- High fat sandwich meats including polony and salami
- Confectionery (including liquorice, cough lollies, and fruit juice based jellies) and/or sweet or savoury snack items not approved by WASCA or FOCiS
- Chocolate confectionery
- Soft drinks, cordial, sports drinks
- Chocolate coated and premium style ice-creams
- Croissants, doughnuts, cream filled or iced buns/cakes, sweet pastries, slices
- Fruit juices large sizes (250mL or greater)
- Water flavoured with 100% fruit juice.





Communication

Mobile Application

The school has a mobile app available for Android, iPhones or tablets – and is FREE!

You are able to access our newsletter, website, events calendar and other important information at your convenience.

We also have the option to send you notifications or reminders on what is happening at the school. There is an SMS function for you to send us absentee notifications for your child.

Your child's teacher will communicate regularly using SeeSaw. When you receive your login details from the teacher, please register to stay up to date.

Newsletter

The school's newsletter is emailed to families every second Wednesday and is an important method of communication between the school and parents. A printed copy can be made available if you do not have access to the internet.

Parents are asked to read the newsletter carefully and respond to contents if desired (or asked). From time to time, it contains items of school and class news, children's work and school policy.

The newsletter is published on our web site, which is why we request Media Consent during the enrolment process.

School Charges/Voluntary Contributions

Voluntary Contributions are \$60 per year. Funds received will be used towards paying additional resources in the following areas:

- English
- Mathematics
- Science
- The Arts Music and Visual
- Physical Education
- ❖ ICT

Parking

We have a school carpark with 10 minute parking and parking bays are also available on Paine Road.

Please park only in a bay, do not stop in the driving lane, as this will cause congestion.

Please remember that drop off and pick up are the most dangerous times of the day and there is a high volume of traffic. Caution is to be used at all times when backing out.

All Kindy children must be collected from their classroom by a parent or authorised adult.

To Fly High is to see Far



Acknowledgement of Country

We acknowledge the traditional custodians of the land on which our students live and are educated, the Whadjuk (Wadjuk) Noongar people.

We wish to acknowledge and show our respect for their elders, past, present and emerging, for their continuing culture and the contributions they make to the life of our community, both now and in the past.

